



Martin County West

Connected to the Past, Celebrating the Present, Cultivating the Future

Dear Maverick Families,

It is once again January, the month of new beginnings. Now that we have turned the page on the calendar, we all get a fresh new month in a fresh new year to start again. This is a great time to think about how to make the most of the new opportunity that a new year represents.

In addition to the beginning of a new year, January brings us here at MCW the beginning of a new semester.

Towards the middle of the month, teachers will issue the final grades for first semester and second semester will begin. We all get another fresh start.

No matter how the first semester went for your children, we all get to start over again in a new semester. This is a great time to start or continue with habits of great learners such as listening to instructions, asking questions, completing assignments, and studying regularly.

This new year will also bring us another opportunity to address the

issues with our buildings. As I have said many times, we have too much of the wrong kind of square footage for our students and staff. The school board spent a lot of time deliberating on a plan that will make our operations as a school district more efficient and effective. Voters in the school district will have another opportunity to vote on this plan in May of this year. Watch for more details in the coming weeks.

Learning is a hard, messy process. It often involves failure as we try something, realize it wasn't right, think about what didn't work, and try other options until we find an answer that fits. We're all constantly in that learning process, whether we're a student or an adult. We are all learners learning new things everyday.

May we all make the most of the learning opportunities we are given in the coming new month, year, and semester!

In partnership for learning,
Cori Reynolds, Superintendent

Important Dates:

- > January 19—End of 2nd Quarter
- > January 19—Early Dismissal
- > January 22—Staff Workshop
- > February 19—Presidents Day, No School
- > February 22—K-12 Conferences 4-8pm
- > February 23—Midquarter
- > March 27—End of 3rd Quarter

Inside this issue:

Jr/Sr High	2
Trimont Elementary	3
Sherburn Elementary	4-6
Reading Specialist	7
Community Education	8-10
FFA/Ag Department	11
Lunch Menus	12-13



MCW JR/SR High School January Newsletter

January Dates to Remember

- School Resumes Jan 2
- Early Dismissal Jan 19
- Staff Workshop Jan 22

2023-2024

No School Days

- Early Dismissal Jan 19
- Staff Workshop Jan 22
- Presidents Day Feb 19
- Early Dismissal Mar 27
- Spring Break Mar 28 - Apr 2
- Memorial Day May 27
- Teacher Inservice May 31

Hello MCW Families, The Jr/Sr High School is excited to start the 2024 year with students.

Classes resume on January 2nd and we hope our students are recharged and ready to work hard for the last half of this school year. Winter activities are in full swing. Please make time to attend some of the Maverick Activities. Activities info can be found on the Activities Calendar on the school website [LINK](#). GO MAVERICKS! ~Autumn Welcome

Early Dismissal and Teacher Workshop Day - Students will be dismissed at 12:15 for shuttle buses and 12:30 for route buses on the January 19th early dismissal. On January 22nd there is a full day workshop for our staff, therefore our students will not have school January 22nd.

End of 2nd Quarter is January 19th - Report cards to be shared with families on January 26th..

E Learning Days - What You Need to Know for 7-12 Students

1. Students must join Advisory on Google Classroom at 10am to be counted present for Advisory period. This is a short time to ask questions in order to be prepared for the day.
2. Students must complete assignments (via Google Classroom) for excused attendance for each period. Assignments are due no later than 2 school days following an eLearning day.
3. Students unable to connect due to device or connection issues must have guardians email or call the office, preferably during the eLearning day or the absence will be unexcused.
4. If and when possible, devices will be made available for students to check out (and return) prior to an eLearning day. Unfortunately, not all events are predictable. If your student is unable to connect and complete work, please follow directions on #2 & #3 above.

Blood Drive – An American Red Cross blood drive is scheduled for January 31st from 8a-2p. Sign up today with Mr. Neduzak by contacting the school. Student helpers are eligible for a Red Cross Scholarship if the appointment quota is met, so do two good things; give much needed blood and move our students closer to scholarship eligibility!

MCW Fan Gear - Looking for some MCW fan gear that will help fund the Jr/Sr prom, please choose some merchandise from <https://dstrophiesmn.com/mcw-schools/>

Message from Mr. Neduzak, Academic Dean

- The Dollars for Scholars meeting with Deb Schwager will be held at the Jr/Sr HS Computer Lab at 6:30PM, January 3, 2024. Seniors, please attend to create an account to apply for all local scholarships. Deadline to apply is March 15, 2024, but it is never a bad idea to get a head start on the [application process](#). Seniors should begin the process of creating or updating their [student profile](#) to be eligible for scholarships next spring at the May banquet or find other affiliate scholarships on the MCW Dollars for Scholars https://mcw.dollarsforscholars.org/index.php?section=chapterWebsite&action=student_parent&fwID=906
- Seeking ACT prep materials? Please consult with Mr. Neduzak. MCW has access to On To College, a program designed to prepare students for the ACT. The ACT will be offered to junior students on April 9th, alternative tests for juniors will be the ASVAB and Accuplacer. Questions? Please reach out to Mr. Neduzak to determine the right test for your student.

PSEO UPDATE - MN West's 2nd Semester begins on January 8th. Course registration and book ordering should be done ASAP if not completed already as classes are filling up quickly. Students may drop/add courses during the 1st week of class ONLY without penalty; therefore, if your book has an "access code" - DO NOT scratch it off until you're 100% certain you will stay in the course otherwise the district will be charged if you decide to drop the course.

Student Sick? Know When to Stay Home and When to Come to School?

- Stay home for fevers >100.3, diarrhea, vomiting, & coughs that disrupt breathing/activities.
- Come to school if naturally fever free, no diarrhea, & no vomiting for 24 hours.
- If your student stays home for illness (or any reason), please notify the school ASAP.

Stay Informed - Visit the **District webpage** at www.martin.k12.mn.us/ Please check in regularly for updates. And, LIKE US on Facebook at <https://www.facebook.com/mcwJHSHschool>

Trimont Elementary

January 2024

Dates to Remember:

Jan. 2 - Classes Resume
Jan. 19 - End of Quarter 2
Jan. 19 - Early Dismissal
Jan. 22 - Teacher Workshop

Martin County West
Elementary School
Trimont

Office Hours 7:30am -
4:00pm.



Follow us on Facebook
at [MCW Trimont Elementary | Facebook](#)



January's Monthly

Theme:

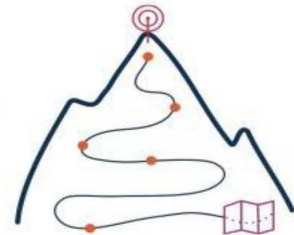
Perseverance!!!

We are excited to begin using the *Character Strong* curriculum in January with the theme of *Perseverance*. One

way to think about Perseverance is "pushing through challenges and obstacles. Perseverance is 1 of 3 traits we will focus on throughout the year using the *Character Strong* curriculum that helps students

Be Strong. Throughout the school, students will be developing skills like focusing, organizing, and goal setting.

Target
Obstacles
Plan
GOALS



Lunch Visitors – Parents/guardians and other family members are welcome to join their students for lunch. We ask that you call ahead and make arrangements with the building principal. Adult meals are \$4.95 and can be paid through the office. Be sure to check into the office first to sign in and receive a visitor pass.

eLearning Days – In the event of severe weather that prevents us from getting safely to school, we will be utilizing eLearning days again this year. This year we will include an opportunity for students to meet with their teachers via a google meet link shared through email.

The schedule for class meetings will be as follows:

- 8:30 am - Kindergarten
- 9:00 am - 1st grade and 5th grade
- 9:30 am - 2nd grade and 6th grade
- 10:00 am - 3rd grade
- 10:30 am - 4th grade

Winter FASTBridge - We will be monitoring student progress in reading and math through the use of FASTBridge testing beginning January 15. These assessments will help us measure student progress in reading and math this year.

Spring MCA Assessments – The testing calendar is posted to the District website under "Parent Links". MCA testing will begin in March.

End of 2nd Quarter – Friday, January 19 marks the end of the second quarter. Report cards will go home the following Friday. If you have questions or concerns, be sure to reach out to your child's teacher.

Connected to the Past, Celebrating the Present, Cultivating the Future

SHERBURN ELEMENTARY

newsletter

JANUARY

MONTHLY CHARACTER TRAIT



CONVERSATION STARTERS

CAN YOU DESCRIBE THE DIFFERENCE
BETWEEN GETTING STUCK AND HAVING
PERSEVERANCE?

HOW DOES ENGAGEMENT HELP YOU TO
PERSEVERE?

THIS MONTH IS ALL ABOUT PERSEVERANCE. ONE WAY TO THINK ABOUT PERSEVERANCE IS "PUSHING YOURSELF THROUGH CHALLENGES AND OBSTACLES." WE ALL EXPERIENCE CHALLENGES IN OUR LIVES. WE ALL HAVE MOMENTS WHEN WE FEEL LIKE WE CAN'T DO IT OR THAT WE WANT TO GIVE UP ON A BIG TASK. IT IS IMPORTANT TO DEVELOP TOOLS THAT HELP US WORK THROUGH THOSE CHALLENGES IN ORDER TO GROW IN THOSE MOMENTS INSTEAD OF GIVING UP. HOW MIGHT YOU PRACTICE PERSEVERANCE AS A FAMILY THIS MONTH? PERSEVERANCE IS 1 OF 3 TRAITS WE WILL FOCUS ON THROUGHOUT THE YEAR THAT HELPS STUDENTS BE STRONG. THROUGHOUT THE SCHOOL, STUDENTS WILL BE DEVELOPING SKILLS LIKE FOCUSING, ORGANIZING, AND GOAL-SETTING.



SHERBURN ELEMENTARY

newsletter

JANUARY

E-LEARNING

YOUR CHILD IS REQUIRED TO COMPLETE THE GRID THAT YOUR TEACHER WILL GIVE THEM. YOUR CHILD SHOULD RETURN THE ASSIGNMENTS AND THE E-LEARNING GRID TO SCHOOL WITHIN 3 SCHOOL DAYS. THEY WILL HAVE 7 ACTIVITIES TO COMPLETE.

YOUR CHILD WILL NEED TO JOIN THEIR GRADE LEVEL GOOGLE MEETS. THE TIMES THAT EACH GRADE LEVEL IS MEETING IS LISTED BELOW. THE SPECIFIC GOOGLE MEET LOGIN INFORMATION WILL BE GIVEN TO YOU BY THEIR TEACHER.

- 8:30 AM - KINDERGARTEN
- 9:00 AM - 1ST GRADE
- 9:30 AM - 2ND GRADE

STUDENT SICKNESS

KNOW WHEN TO STAY HOME AND WHEN TO COME TO SCHOOL?

- STAY HOME FOR FEVERS >100.3 , DIARRHEA, VOMITING, & COUGHS THAT DISRUPT BREATHING/ACTIVITIES.
- COME TO SCHOOL IF NATURALLY FEVER FREE, NO DIARRHEA, & NO VOMITING FOR 24 HOURS.
- IF YOUR STUDENT STAYS HOME FOR ILLNESS (OR ANY REASON), PLEASE NOTIFY THE SCHOOL ASAP.

DATES TO REMEMBER

JANUARY 2 - SCHOOL RESUMES
JANUARY 19 - END OF QUARTER 2
JANUARY 19 - EARLY DISMISSAL
JANUARY 22 - STAFF WORKSHOP
(NO SCHOOL FOR STUDENTS)
JANUARY 26 REPORT CARDS HOME



SHERBURN ELEMENTARY

newsletter

JANUARY

WARM CLOTHING

YOUR CHILD WILL NEED TO WEAR APPROPRIATE CLOTHING WHEN COMING TO SCHOOL. DURING THE WINTER MONTHS, STUDENTS GO OUTSIDE AT LEAST 3 TIMES A DAY UNLESS THE TEMPERATURE IS BELOW ZERO. PLEASE MAKE SURE THEY WEAR HATS, MITTENS, SNOW PANTS, BOOTS AND COATS SO THEY WILL BE ABLE TO PARTICIPATE IN THE ACTIVITIES OF THE DAY.



STAY INFORMED

THE DISTRICT WEBPAGE, [HTTPS://WWW.MARTIN.K12.MN.US/](https://www.martin.k12.mn.us/) WILL SERVE AS A HUB FOR ALL THINGS RELATED TO RETURNING TO SCHOOL AND CHANGES IN PLANS THROUGHOUT THE SCHOOL YEAR, PLEASE CHECK IN REGULARLY FOR UPDATES. ANOTHER INFORMATIVE CONNECTION POINT IS OUR FACEBOOK PAGE AT [HTTPS://WWW.FACEBOOK.COM/SHERBURNELEMENTARY](https://www.facebook.com/sherburnelementary) LIKE US!



~THE READING REVIEW~

January Newsletter

What is Fluency?

Fluency is a key part in being a successful reader! When your child reads out loud to you, their tone and pace should be just as if they were having a conversation with you!

Our goal is that kids will increase their fluency year each. They will have a good pace, comprehend what they are reading, and have expression!

Contact Me

If you have any questions about your child, please feel free to reach out to me. My contact information is below:

kaylazeahms@mcwmavericks.org

Just ASK While Your Kid Is Reading To You!

- *ASK What do you think will happen next?
- *ASK What was your favorite part?
- *ASK What does this story remind you of?
- *ASK How does the main character change?
- *ASK How was the problem solved?
- *ASK was there anything you wondered about while your read

Check out these Titles!

Holiday Favorites!

- "Brave Irene" by William Steig
- "Tacky the Penguin" by Helen Lester
- "Snow Dance" by Lezlie Evans
- "I Have a Dream: Dr. Martin Luther King, Jr." by Kadir Nelson

Character Education Focus: Perseverance

- "The Girl Who Thought in Pictures: The Story of Dr. Temple Grandin" by Julia Finley Mosca
- "Swimmy" by Leo Lionni
- "Goal!" by Mina Javaherbin

Martin County West

Community Ed & Rec

January 2024

Waddle On Over To ECFE

Winter session of MCW Early Childhood Family Education starts January 16 and will run through March 6th.

Classes are held on Tuesday evening from 5:45 to 7:15 and Wednesday mornings from 9:00 to 10:30.

You can register your family on SchoolPay - scan the QR code - for the full 8 week session. You are welcome to attend as much as you'd like.

The program fee is \$30.00 for the session per family.

Families with children birth to 5 years old are invited to share in the winter wonderland and waddle on into ECFE for fun, learning, and family social interactions.



Blanket Making Day

5th through 8th Grade students are invited to join MCW CER in creating a tie blanket on Tuesday, February 13, 2024 at Sherburn Elementary Board Room from 3:30 to 4:15.

A selection of fabrics will be available to choose from. Program fee is \$25 and registration is to be completed in SchoolPay.

Soar into 4-H
LEARN ABOUT ENGINEERING THROUGH HANDS-ON ACTIVITIES!

ROBOTICS, ENGINEERING DESIGN, ELECTRICITY, AND MORE

WHO: GRADES 1-3

WHEN: 3:30 - 5:15 P.M. ON NOV. 27, DEC. 18, JAN. 25, FEB. 29, MARCH 21

WHERE: MCW BOARD ROOM (SHERBURN)

REGISTER

z.umn.edu/MCProgramming



Register for one, some, or all dates. A minimum of 8 participants are needed to hold each event. There is a maximum of 20 participants per date. Preference is given to students signed up 10 days prior to each session.

A small snack will be provided.

Transportation from/to Trimont is available



QUESTIONS?

jessicafisher@mcwmavericks.org

What's going on?


ECFE Holiday Party

ECFE joined Trimont Town Center in celebrating the holiday season on Saturday, December 16. Children of all ages shared in the excitement of meeting Santa. There were crafts, cookies and all kinds of goodies to share.



Winter and Holiday activities with friends and families brought smiles and laughter to the aisles of the Town Center!

Thank you to the Trimont Town Center for opening your doors WIDE for our community to enjoy the season together.



Top 10 Estate Planning Lecture

Where: Sherburn Elementary School Board room
105 E 5th St, Sherburn MN
Date: January 25, 2024
Time: 6:30-7:30PM
No cost
Registration - <https://schoolpay.com/pay/for/Top-10-Estate-Planning-Lecture/SfygRy>



What's going on?



**ADULT
RECREATIONAL
BASKETBALL**

WEDNESDAY EVENINGS
7:00-9PM
STARTING 11/8/23
TRIMONT SCHOOL GYM

INDOOR WALKING



TRIMONT ELEM. - 6-7AM & 4-5:30PM
SHERBURN ELEM - 6-7AM & 4-5:30PM
SHERBURN JR/SR HIGH - 6-7AM & 4-5:30PM

ON SCHOOL DAYS

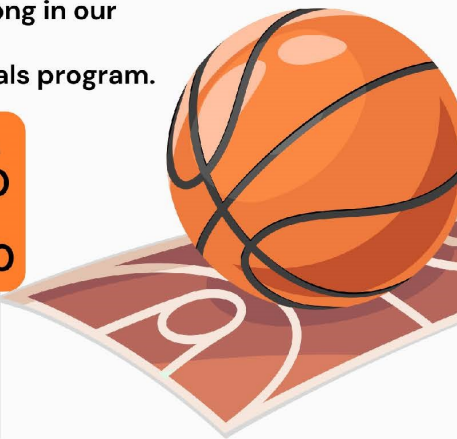
1ST-3RD GRADE BASKETBALL FUNDAMENTALS



Start your basketball
skills off strong in our
basketball
FUNdamentals program.

**Saturdays
January 20
through
February 10**

**Girls and
Boys at
Sherburn
Elementary**



\$40

MAVERICK GIRLS MAVERICK BOYS
MCW - Sherburn Elementary School 9:00 AM - 10:00 AM

Registration Link
[Register on SchoolPay](#)



Martin County West Community Ed & Rec
nickolebowie@mcwmavericks.org
507-764-2336



MCW CER & LEARNING UNLIMITED

**OFFERS
FREE WINTER
SWIMMING
FOR PEOPLE WITH
SPECIAL NEEDS**

DECEMBER 1
TO
MARCH 31



6:30-7:30 PM
Every Wednesday
Staff/Companion swim FREE



MCW FFA and Ag Department

Maverick Christmas

In December, 30 FFA members, advisors, and parent volunteers shopped for gifts for Maverick Christmas. It was such a great night, and we were able to help so many families!!

National FFA Scholarships

Over two million dollars in scholarships are awarded to senior FFA members each year. FFA seniors received an email from Mrs. Wohlhuter with the information on how to get started with the application. The applications are due January 11th.

State FFA Degrees/Proficiency Awards

Parents of seniors - please encourage your senior to get in touch with an advisor ASAP to get started on their State Degree application. We do not want our seniors to miss out on this honor this year. Any member that is working in an ag-related area can fill out a proficiency application. Contact Mrs. Wohlhuter to get started. All award applications are due no later than January 26th!

Upcoming Events

Note: FFA members should be checking their school email and FFA Google Classroom for announcements about upcoming activities and CDE/LDE competitions.





BREAKFAST

JANUARY 2024

Martin County West

Menu is subject to change
without notice. Sorry for
any inconvenience

Monday

No School

1

Tuesday

Breakfast Pizza

2

Fruit Choice
Juice Choice
Milk

Wednesday

Cereal

3

Fruit Choice
Juice Choice
Milk

Thursday

Breakfast Sandwich

4

Fruit Choice
Juice Choice
Milk

Friday

Banana Bread

5

Fruit Choice
Juice Choice
Milk

Frudel Bar

8

Fruit Choice
Juice Choice
Milk

Egg/Toast

9

Fruit Choice
Juice Choice
Milk

Cereal

10

Fruit Choice
Juice Choice
Milk

Pancake Wrap

11

Fruit Choice
Juice Choice
Milk

Biscuits and Gravy

12

Fruit Choice
Juice Choice
Milk

Assorted Muffins

15

Fruit Choice
Juice Choice
Milk

Blue Berry Bubble Bread

16

Fruit Choice
Juice Choice
Milk

Pancakes

17

Fruit Choice
Juice Choice

Breakfast Burrito

18

Fruit Choice
Juice Choice
Milk

Cereal

19

Fruit Choice
Juice Choice
Milk

**No School
In Service Day**

22

French Toast Sticks

23

Fruit Choice
Juice Choice
Milk

Cereal

24

Fruit Choice
Juice Choice
Milk

Cinnamon Roll

25

Fruit Choice
Juice Choice
Milk

Egg Taco

26

Fruit Choice
Juice Choice
Milk

**Yogurt Parfait
Granola/Graham Crackers**

29

Fruit Choice
Juice Choice
Milk

Breakfast Pizza

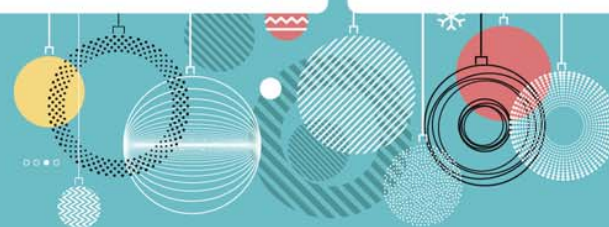
30

Fruit Choice
Juice Choice
Milk

Pancakes

31

Fruit Choice
Juice Choice



Breakfast is free to all students if they take the required items. Breakfast include choice of fruits/veggies, meat/ meat alternates, grain, & milk. Must choose 3 items, one being fruit or veggie, to count as a complete breakfast. Grains are at least 51% whole grain. Milk is low-fat or fat free plain or fat free flavored

Fresh and/or canned fruits and 100% fruit juices are offered every day.

Cold cereal is offered every day

Monday

No School

1

Tuesday

Popcorn Chicken

Mashed Potatoes
Country Gravy
Corn
Fruit Choice

2

Wednesday

Corn dog

Sun Chips
Cooked Carrots
Fruit Choice

3

Thursday

Hot Ham & Cheese

WG Bun
Scalloped Potatoes
Fruit Choice

4

Friday

Chicken Fajita

Tortilla Shell
Assorted Topping
Black Beans
**Rice Pilaf
Fruit

5

Italian Dunkers

Dipping Sauce
California Blend Veggies
Fruit Choice

8

Hamburger/Bun

Oven Fries
Corn
Fruit Choice

9

Alfredo Sauce w/Chicken

Rotini Noodles
Bread Stick
Broccoli
Fruit Choice

10

Beef Tacos

Tortilla Shell
Assorted Topping
Fiesta Beans
Fruit Choice

11

Cheesy Turkey/Bun

Cooked Carrots
Pasta Salad
Fruit Choice

12

Orange Chicken

Fried Rice
Stir Fry Veggies
Mandarin Oranges

15

Pulled Pork/Bun

Baked beans
Cole Slaw
Fruit Choice

16

Scrambled Eggs

Hash Rounds
Carrot Sticks
Fruit Choice
Cinnamon Roll

17

Chicken Patty/Bun

Steamed Broccoli
Caesar Salad
Fruit Choice

18

Sub Sandwiches

Assorted Toppings
Sun Chips
Corn
Fruit Choice

19

Early Out

No School

22

Rotini

Spaghetti with Meat
Garlic Bread
Peas
Fruit Choice

23

Nachos

Seasoned Beef
Cheese Sauce
Fiesta Beans
Fruit Choice

24

Chicken Strips

Mashed Potatoes
Corn
Gravy
Fruit Choice

25

Pizza

Broccoli Salad
Green Beans
Fruit Choice

26

Quesadilla

Refried Beans
Assorted Toppings
Cooked Carrots
Fruit Choice

29

Sloppy Joe on a Bun

Sweet Potato Fries
Peas
Fruit Choice

30

Deli Ham Sandwich

Soup Choice
Corn
Fruit Choice

31



Lunch Notes: All breads are a minimum of 51% whole grain. Salad dressings are all fat free or light. Milks are low fat or fat free. Fresh and canned fruits are available every day. Meals are free for students ONLY if they take the required components. A complete meal consists ½ C of fruit or veggie plus 2 more full meal components. If not taking a complete meal you will be charged ala carte prices.